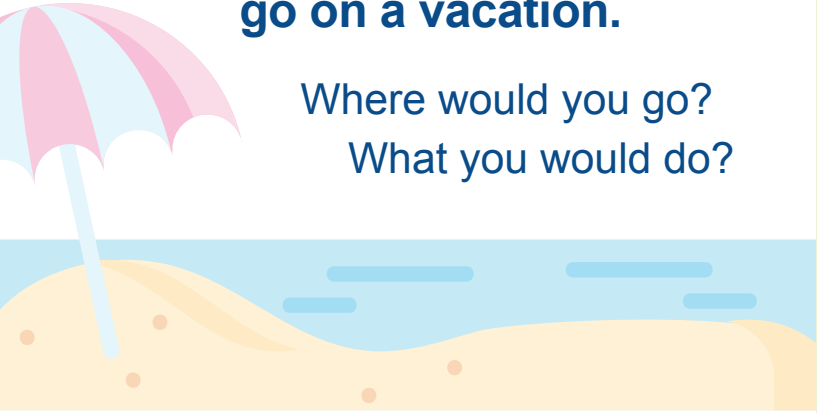


# TOP DISTRACTION IDEAS



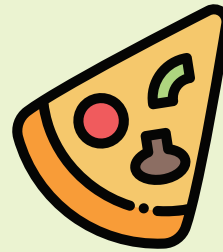
**Use your imagination...  
go on a vacation.**

Where would you go?  
What you would do?



**Build a pizza/sundae.**

What toppings should we  
put on our pizza/sundae?



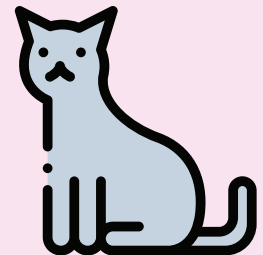
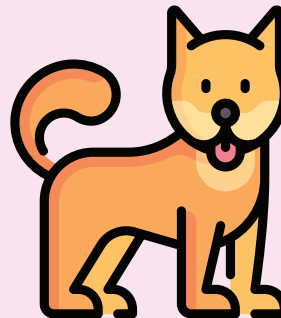
**Think of a word  
for each letter  
in the alphabet.**



For older kids and teens, try to  
think of the biggest/longest/  
weirdest word that starts with  
each letter of the alphabet.



**List some “would you rather”  
(ex: pizza vs lasagna, cat vs dog etc.)**



**Counting**

(ex: backwards or in another language etc.)



\*Tip: for more  
quiet patients  
play a thumbs  
up thumbs  
down version  
of the games

