



ENFit feeding tube connectors – FAQ

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Below, we've provided some answers to frequently asked questions from families about the device and how it will impact their children and youth moving forward.

What is ENFit?

ENFit is a global patient-safety initiative, designed to ensure that feeding tube connectors are incompatible with the connectors for other delivery systems such as trach tubes, IV lines and catheters. This new feeding tube equipment is designed to ensure mealtime and medication administration is as safe as possible for kids and adults who are fed through a tube.

Why are we changing now?

Several adult acute care hospitals in Ontario have already transitioned to ENFit. Manufacturers have also started to phase out legacy (non-ENFit) enteral feeding products. As many provincial hospitals provide care to children, youth and families from all over Ontario, many of whom transition between various hospitals and community agencies in their care journey, this change impacts patient care across the entire continuum of care. Ontario pediatric hospitals, community agencies and children's treatment centres are working together to ensure a smooth and safe transition to ENFit for patients and families.

What does this mean for my child or youth with a feeding tube?

Children and youth with non-ENFit tubes will be advised to change to ENFit tubes when it is clinically appropriate to do so.

Through this transition period, participating organizations will have the equipment and transition adapters for either ENFit or legacy (non-ENFit) tubes.

What is different?

ENFit uses with twist-in connection rather than the friction-held legacy connector. This design comes with enhanced cleaning practices to prevent buildup or residue from feeds or liquid medications. The

ENFit system also comes with specific medication accessories that ensure dose accuracy of medications.

Where do you get ENFit supplies and how much do they cost?

ENFit supplies are a comparable cost to legacy connectors. However, additional costs will apply for cleaning brushes/tools or medication accessories for dosing. Supplies can be purchased at the [Specialty Food Shop](#), homehealthcaresupplies.ca or through most vendors and distributors.